

You have plenty of things to do

A one-stop-shop for your wellness needs

EMPLOYEE WELL-BEING

We get it. Healthy organizations need healthy employees to thrive. And a thriving employee is about more than just getting the right health care. Wellness+ is passionate about helping your organization by giving you access to tools to support your wellness strategy.

You'll have access to:

- Articles
- Best practice program guides
- Pre-designed challenges
- Survey templates
- Infographics and more!

NEW

Core Services Platform

January 2022

No-cost option offered to RCM&D clients only, includes:

- Company well-being platform that supports wellness programming
 - › Includes the resources needed to track preventive care and tobacco-nicotine programs + incentives
- “Manager” portal access for on-demand reporting
- Marketing & communication templates and education tools
- Client-specific landing page/URL for member registration
- Ongoing technical support
- Platform includes member-focused tools & trackers:
 - › **SparkUniversity**—on-demand health & wellness education
 - › **SparkAmerica**—annual calendar of challenges, education & more
 - › **Fitness Game**—physical activity tracking
 - › **SparkCoach**—self-directed, web-based coaching
 - › Healthy recipes, workouts & mindfulness sessions



EASY FOR HR TEAM

- Keep programming fresh with a library of fliers, posters, promotional calendars, and wellness challenges
- Receive monthly newsletters
- Easily customize communications with templates and forms
- See trends with e-survey tools
- Access the on-demand library of content 24/7
- Contact Wellness+ for 1-on-1 guidance and best practices



EASY FOR EMPLOYEES

- Information is simple and easy to follow
- Participation is fun and engaging with challenges and games that can be implemented during the year
- Employees can respond to satisfaction surveys and give feedback



TOP NOTCH CUSTOMER SERVICE

- Talk to a human with our 1-on-1 consulting team
- Explore best practices and advice on compliance, programming and more!

CONTACT YOUR RCM&D SERVICE TEAM TO LEARN MORE

WANT TO KNOW MORE?

Let your RCM&D service team know you're interested in learning more about the Core Services Platform.



Wellness+ is a wellbeing program sponsored by Unison Risk Advisors. Unison Risk Advisors was established in 2021 through the historic and strategic merging of **Oswald Companies** and **RCM&D**. Unison Risk Advisors represents one of the nation's largest privately held and employee-owned, insurance brokerage and risk management firms. Under this newly created union, clients continue business with their existing service teams at Oswald Companies and RCM&D, while gaining further access to specialized risk and insurance solutions unique to the combination of these long-standing firms. Learn more at UnisonRiskAdvisors.com.