

# COVID-19

## Top 10 Facts You Need To Know

- 1 The Coronavirus is not a new virus; however, the COVID-19 strain of the virus is new.
- 2 The virus presents itself as a respiratory disease, and symptoms occur 2-14 days AFTER exposure.
- 3 Symptoms (present ranging from mild to severe) to watch for include:
  - » Fever
  - » Cough
  - » Shortness of Breath
- 4 Facemasks are unnecessary unless you are the person with the virus. A facemask will NOT help you if you have not been infected or if you are well.
- 5 The spread of this virus is community-based, and an infected person often has been infected prior to showing any symptoms.
- 6 The elderly and those with underlying health conditions like heart disease, lung disease and diabetes, among others, are at a greater risk.
- 7 The current risk level in the United States is LOW, according to the CDC.
- 8 At this time, there is no available vaccine to protect against COVID-19 and no medications are approved to treat it.
- 9 People who test positive for COVID-19 with mild symptoms can isolate themselves at home to prevent the spread.
- 10 The CDC still recommends getting a flu vaccine to stop the spread of additional illnesses.

RCM&D is ranked among the top independent insurance advisory firms in the United States. Our specialized teams provide strategic solutions and consulting for risk management, insurance and employee benefits. Leveraging more than 130 years of experience and strong local, national and global reach, we partner with you to meet all of your business objectives.

